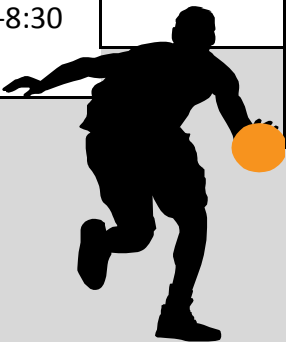


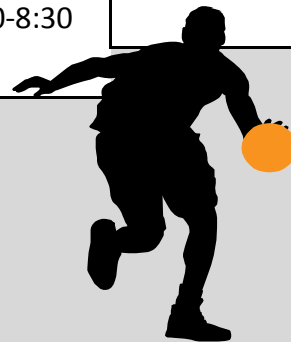


NBRC Gym Schedule

August 31 - September 6

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-7:45	Open Gym 6:00-7:30	Open Gym 6:00-7:45	Open Gym 6:00-7:30						
6:30am											
7:00am											
7:30am	Drop-in Fit For Life 7:30-8:30	Drop-In MRT 7:45-8:45	Drop-in Fit For Life 7:30-8:30	Drop-In MRT 7:45-8:45	Drop-in Fit For Life 7:30-8:30	Open Gym 6:30-8:30	Open Gym 7:30-8:30				
8:00am											
8:30am	Open gym 8:30-10:30	Open Gym 8:45-1:00	Drop-In Pickleball 8:30-10:30		Drop-In Pickleball 8:30-10:30	FIT: Barbell Circuit 8:30-9:30	Drop-in CoEd Volleyball 8:30-12:30				
9:00am											
9:30am						Open Gym 8:30-7:00					
10:00am											
10:30am	Drop-in Fit For Life 10:30am-11:30am		Drop-in Fit For Life 10:30am-11:30am	Open Gym 8:45-1:00	Drop-in Fit For Life 10:30am-11:30am						
11:00am											
11:30am	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Open Gym 1:30-2:30	Drop-In All Ages Basketball 1:00-5:00					
12:00pm											
12:30pm											
1:00pm											
1:30pm	Open Gym 1:30-9:30	Drop-In All Ages Basketball 2:30-5:00	Open Gym 1:30-7:30	Drop-In All Ages Basketball 2:30-5:00	Drop-In All Ages Basketball 2:30-5:00	Open Gym 5:00-7:00	Open Gym 3:00-8:00				
2:00pm											
2:30pm											
3:00pm											
3:30pm											
4:00pm											
4:30pm											
5:00pm		Open Gym 5:00-7:00		Open Gym 5:00-7:00	Open Gym 6:30-8:30						
5:30pm											
6:00pm											
6:30pm											
7:00pm		Men's Adult Basketball League 7:00-9:30	Men's Drop-In Basketball 7:30-9:30	Men's Adult Basketball League 7:00-9:30							
7:30pm											
8:00pm											
8:30pm											
9:00pm											
9:30pm											





GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)